

MADRID HASH HOUSE HARRIERS FIRST AID KIT CONTENTS

Item	Quantity/Note
Bandages/Wound Care	
Elastic Bandage (10 cm X 4 m)	1
Adhesive Fabric Bandage (Band Aids) (19 mm X 72 mm)	10
Adhesive Fabric Bandage (Band Aids) (6 cm X 10 cm)	5
Butterfly Closures (Steri-Strips)	4
Conforming Gauze Bandage Rolls (7 cm X 5 m)	2
Conforming Gauze Bandage Rolls (10 cm X 10 m)	2
Non-sterile Cotton Tip Applicator	7
Non-Adherent Sterile Gauze Dressing (Small)	4 (Packages of 5 each)
Non-Adherent Sterile Gauze Dressing (Large)	4 (Packages of 5 each)

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Medications/Treatments	
Paracetamol	4 (500 mg) Individual Blister Packs
Aspirin	4 (300 mg), Individual Blister Packs
Ibuprofen	4 (400 mg), Individual Blister Packs
Hydrogen Peroxide (H ₂ O ₂)	250 ml
Antibiotic Ointment	15 g
Betadine (Povidone Iodine)	5 X 5 ml Ampoules
Tincture of Benzoin	15 ml - Optional
Eye Drops	5 X 5 ml Ampoules
Sugar Packet	2
Salt Packet	2
Bee/Insect Sting Topical Ointment (Fenergán)	30 g
Alcohol Swabs	10 Packets (1 each)
Hand Disinfectant	50 ml
Biohazard Disposal Bag (ziplock)	2

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Instruments and Misc.	
CPR Pocket Mask	1 – Optional
Gloves – Nitrile	3 Pair
Pencil & Sharpener	1
Note Pad	1
Bandage Sheers (5” blunt tip)	1
Hemostat (5”)	1
Gross Tweezers (4”)	1
Blunt Tweezers (2”)	1
Fine Point Tweezers (2”)	1
Magnifying Lens (small loop)	1
Safety Pins (small)	3 - Missing
Fabric Adhesive Bandage Tape	(2.5 cm X 1 m)